

## DAILY NEWS BULLETIN

LEADING HEALTH, POPULATION AND FAMILY WELFARE STORIES OF THE DAY Friday 20210405

### **Expand vax drive**

**Expand vax drive (The Tribune: 20210405)** 

https://www.tribuneindia.com/news/editorials/expand-vax-drive-232896

Along with 45-plus, allow younger population too

As the vaccination drive opens for all above 45 today, it calls for a reinforcement of the infrastructural facilities necessary to cater to the huge mass of beneficiaries now eligible for the jabs along with the 60-plus, who would also start queuing up duly for their second shot as their four-to-eight week period between the two doses closes in. The authorities — including in Punjab, which is in a vice-like grip of the deadly coronavirus — have done well to energise the inoculation campaign by expanding the vaccination sites and easing the bottlenecks in the process.

Hassle-free vaccination camps planned in such places as the police lines, educational institutions, prisons, offices and industrial complexes and allowing people to register themselves with any photo ID proof should help the targeted groups shed hesitancy and improve the vaccination rate. So should taking mobile vaccination centres to densely crowded marketplaces, bus stands, railway stations, etc. With Covid-positivity rising among the younger population — which is up and about and no longer confined to their homes — the government would do well to include them for the shots. It must seriously consider allowing all above 18 who are willing to take the jab. For, crucial to tackling the pandemic is making the largest numbers immunogenic to the virus in the shortest possible time so as to break the chain of transmission.

Simultaneously, the authorities need to stay focused on and constantly review the efforts to check the spread of the rapidly escalating cases of Covid-19 infections and deaths. Driven largely by the highly transmissible UK variant of the coronavirus that has struck the country,

the surge has given rise to a grave situation. Any laxity or complacency in following the Covid-appropriate behaviour at both the individual and institutional (both government and private) levels is fraught with serious repercussions. Irresponsible actions have the potential to spin our hard-pressed health system out of control. Ramping up sampling and testing of random people in crowded places and contacts of Covid patients is urgently needed to contain the virus. Only then can we avoid another lockdown.

### **Covid**

Covid surge worsens, curbs intensify, lockdown back (Hindustan Times: 20210405)

https://epaper.hindustantimes.com/Home/ArticleView

# Maha goes into curfew mode

India's worst-hit state, Maharashtra, announced stringent Covid-19 restrictions from Monday, after a rapid rise in infections now accounting for more than half the daily new cases in the country

**PERIOD OF THESE** STRINGENT RESTRICTIONS:

From 8pm on Monday (April 5) to April 30

COMPLETE LOCKDOWN ON WEEKENDS

TIMINGS: 8pm on Friday to 7am on Monday

PARTIAL LOCKDOWN ON WEEKDAYS NIGHT CURFEW: Citizens can't step out from 8pm to 7am without a valid

SECTION 144 DURING THE DAY: More than five people cannot be seen together from 8am to 7pm

Only essential and emergency services exempt from all restrictions through the week

Fine of ₹500 to be levied for not wearing masks in public places

### WHAT COMES **UNDER ESSENTIAL** AND EMERGENCY SERVICES?

- Medical services
- Sanitation services
- Public transport
- Groceries
- State government; municipal corporations. financial services, including banks, mediclaim, insurance; power-water supply
- Domestic helps, but they won't be allowed in mini containment zones

Essential services establishments will have to ensure their staff is vaccinated at the earliest

Housing societies with more than five patients to be declared mini containment zones. No outsiders will be allowed

### WHAT ABOUT **CEREMONIES?**

- Wedding ceremonies allowed with a maximum of 50 attendees
- Not more than 20 people allowed for funerals
- Managements of wedding venues to be fined ₹10,000 if restrictions not followed



Vaccination in progress at a Worli hospital. ANSHUMAN POYREKAR/HT

### THE OFFICE SCENE Private offices to switch to work-from-home Private offices in essential sectors including banks, stock market, insurance, pharma. Mediclaim telecom, electric supply, water supply can remain open

Govt offices to operate at 50% Health, medical education and other essential services to operate at 100%. Visitors not allowed No firm is allowed

to terminate a worker testing +ve





Non-essential shops, malls and markets



Theatres, multiplexes video parlours, amusement parks water parks and clubs



Restaurants, eateries to remain shut for dine-in. Only home deliveries allowed



Salons, spa and



Religious places. However, priests will be allowed to enter the premises for daily rituals



**Except for Class 10** and 12 exams. schools and colleges will remain shut



Gyms and indoor sports facilities



Parks, beaches gardens to remain closed from 8pm to 7am. However, the local administration has been empowered to restrict timings further if needed



## WHAT IS ALLOWED



Public transport, including buses autos, trains, flights. Buses (100%), autos (2 passengers max) and taxis to operate at 50% capacity. No standing passengers allowed in buses and long-distance trains



Hotels can keep their restaurants open for dining for quests



essential services and e-commerce commodities will be allowed between 7am and 8pm



newspapers



Industrial units and construction sites will continue to operate without any restrictions. Construction companies will have to arrange for stay of workers.

Vaccination in progress at a Worli hospital. ANSHUMAN POYREKAR/HT

The Maharashtra government on Sunday announced a partial lockdown of the state from 8pm on Monday till April 30, in view of the alarming rise in Covid-19 cases. The state also recorded its highest one-day spike of 57,074 fresh infections.

Besides a complete lockdown on weekends (see box), a strict night curfew of 11 hours and prohibition of gatherings of more than five people during the day, the state has announced shutting down of shops and establishments dealing in non-essential commodities, restaurants, eateries, malls, theatres, multiplexes and religious places.

The state government has imposed three-fold restrictions from 8pm on April 5. The night curfew, which has been in place since last week, has been made stringent by allowing only people engaged in essential services and those with a valid reason to step out of their homes from 8pm to 7am. There will be complete lockdown on weekends between 8pm on Friday and 7am on Monday. Assembly of more than five people from 7am to 8pm has also been prohibited as per provisions of section 144 of CrPC, the notification issued by the government has stated.

Chief minister Uddhav Thackeray convened an urgent meeting of his council of ministers on Sunday to deliberate on stricter curbs. The partial lockdown was allowed after the cabinet meeting and the detailed SOP was issued later in the day. Before the cabinet meeting, Thackeray spoke to leader of opposition Devendra Fadnavis and Maharashtra Navnirman Sena (MNS) chief Raj Thackeray held meetings with key industrialists and producers of TV serials and films. Thackeray, in his address to the people of Maharashtra on Friday, had hinted at stricter curbs by the weekend. He also warned that the state was on the verge of a lockdown if the surge continued for another 15 days as there could be a serious shortage of beds and health services.

Maharashtra reported its highest ever one-day spike of 57,074 cases, which led to breaching of the 3 million mark of cases, which stand at 3,010,597. Mumbai city remained the highest contributor to the daily caseload with 11,206 new infections, pushing the tally to 452,681. The active cases in the state stands at 430,503, including the highest number (81,317) in Pune and (66,803) in Mumbai.

The surge in cases has resulted in a shortage of beds and oxygen in many cities and districts, forcing the state government to shut industrial units consuming oxygen in large quantities to shut.

Under the new phase of Break the Chain, shops, establishments operating in non-essential commodities, hotels, multiplexes, theatres, water parks, clubs, salons and beauty parlours have been shut. Religious places across faiths have been shut down, though the priests attached to them have been allowed to carry out daily rituals at them.

Private offices, too, have been instructed to go on work-from-home mode, while government offices are allowed to work at 50% of their work force. The private offices in essential services, including banking, insurance, pharmaceuticals, water-power supply are allowed to operate from offices, while government offices dealing with the Covid-19 pandemic will operate at 100% of their workforce.

"We are not touching the industrial sector as it is directly linked with the financial health of the state. The industrial units, construction sites are allowed to operate, while the shooting of films and TV serials can go on by adhering to the Covid-19 protocol," Nawab Malik, minority affairs minister, said after the cabinet meeting. He said that the public transport, including trains, buses, auto-taxis, flights can continue to operate by adhering to revised norms, Taxi and autos can operate at 50% of their capacity, while no standing passengers are allowed in buses and long-distance trains.

The government has not reduced the timings of commuting in the local trains for the general public in the Mumbai Metropolitan Region (MMR). The state expects the crowding to reduce as private offices, shops, establishments in non-essential services are not allowed to operate. Similarly, the e-commerce sector has been allowed to operate with home deliveries allowed between 7am and 8pm. The vaccination of delivery boys has been made mandatory, though the notification is silent on how they will be vaccinated if they are below 45 years of age.

The housing societies with more than five active patients will now be declared as mini containment zones, with not outsiders allowed to visit premises, according to the state notification. Fadnavis announced full cooperation with the state government. "We are going through a scary stage of the second wave of the Covid-19 pandemic. The transmission of the virus is faster and proving fatal, leading to a rise in the mortality rate. We have appealed to BJP workers and leaders to cooperate with state authorities and actively participate in the vaccination drive. But at the same time, the state government should undertake awareness drive to apprise people with the fatal nature of the new strain. The state government should also stop the disconnection of the electricity supply for non-payment of bills," he said.

State health minister Rajesh Tope said that besides stepping up health care infrastructure, the state government is aiming at ramping up the vaccination drive. "After vaccinating 462,000 citizens on Saturday, we are now aiming to increase the daily numbers to more than 600,000 people per day by increasing vaccination centres and operating them 24X7. Our entire focus will be breaking the chain of transmission. Similarly, districts administrations have also been directed to increase the number of beds. To overcome the shortage of oxygen supply, which we have been facing even after reserving 90% of the production for medical purposes ,we have decided to shut down the industrial units consuming oxygen in large quantities," he said.

Tope said a decision about Class 10 and 12 exams will be taken after due deliberation with state board, central boards and experts form the education sector. "School education minister Varsha Gaikwad told the state cabinet that they have prepared various options in relation to Class 10 and 12 exams and the decision will be taken after due deliberation. She will discuss the issue with chief minister Uddhav Thackeray, officials from state board, other boards including CBSE, ICSE before arriving at a certain decision. They tapping the option of promoting students to a certain extent," he said.

Tope said the state was taking strict action against black marketing related to a few crucial medicines like Remdesivir.

### Rare diseases

A good start: On rare diseases and government support for treatment (The Hindu: 20210405)

https://www.thehindu.com/opinion/editorial/a-good-start-the-hindu-editorial-on-government-support-for-continual-treatment-of-those-with-rare-diseases/article34239498.ece

Fund support from government is vital for continual treatment of those with rare diseases

### **Coronavirus updates | (The Hindu: 20210405)**

https://www.thehindu.com/news/national/coronavirus-live-updates-april-3-2021/article34228756.ece

Delhi Capitals player Axar Patel tests positive for COVID-19; Tokyo-bound archers' second dose of vaccine next week

India recorded the highest single-day rise in coronavirus cases in six months

### **Coronavirus**

# Coronavirus | Mortality, positivity rate rising in south India (The Hindu: 20210405)

https://www.thehindu.com/sci-tech/health/mortality-positivity-rate-rising-in-south/article34208984.ece

Kerala adds 26 deaths; Hyderabad cases equal Telangana's early March peak; cases soar in Karnataka

Andhra Pradesh reported four new deaths and 1,184 COVID-19 infections on Wednesday, the highest single-day number since November 21 last year.

Covid New Cases (The Asian Age: 20210405)

http://onlineepaper.asianage.com/articledetailpage.aspx?id=15508906

93K new cases, 513 deaths in 24 hrsCommunity awareness is key: Modi

# As Covid cases rise, PM holds high-level meet

VINEETA PANDEY NEW DELHI, APRIL 4

With fresh cases of coronavirus now reaching alarming levels, Prime Minister Narendra Modi on Sunday called for a meeting to review the pandemic situation and vaccination programme in the country. The Prime Minister said that a fivefold strategy of testing, tracing. treatment. Covid-appropriate behaviour and vaccination, if implemented with utmost seriousness and commitment, would be effective in timely curbing the spread of the virus.

India on Sunday recorded 93,249 fresh cases, the highest single-day rise since September 19, and 513 new deaths in last 24 hours with the highest numbers coming from Maharashtra. The state will now see weekend lockdowns from Friday 8 pm to Monday 7 am during which only essential services and transportation, including buses, trains and taxis, will be permitted, but gathering

PRIME MINISTER Modi said that a five-fold strategy of testing, tracing, treatment, Covidappropriate behaviour and vaccination would be effective in timely curbing the virus' spread

of more than five persons is prohibited and government offices will work at 50 per cent capacity.

"In the coming days, there is a possibility of a lockdown-like situation on Saturdays and Sundays. There will be a restriction on visiting open spaces, including garden, beaches, Gateway of India and other places on Saturdays and Sundays," Maharashtra minister Aslam Shaikh said.

Karnataka, too, has issued guidelines for gyms saying occupancy at any time cannot exceed 50 per cent of the capacity, and equipment and premised should be sanitised regularly after each use. During the meeting the PM directed that for Turn to Page 4

# As Covid cases rise, PM holds high-level meet

■ Continued from Page 1 sustainable Covid-19 management, awareness of the community and its involvement needed for which a special campaign for Covid appropriate behaviour with emphasis on 100 per cent mask usage, personal hygiene and sanitation at public places, workplaces and health facilities will be organised from April 6-Mr Modi directed officials to continue with the missionmode approach in the States and districts reporting high cases so that the collective gains of Covid-19 management in the country in the last 15 months are not squandered.

Mr Modi called attention of health authorities to avoid mortality under all circumstances by ramping up healthcare infrastructure, through availability of oxygen, ventilators besides required logistics, and ensuring that clinical management protocols are followed across all hospitals as

well as for those in-home care. He also highlighted the need to ensure effective implementation of containment measures and urged states to take stringent measures with comprehensive restrictions in places witnessing high surge to curb the spread. The PM directed that Central teams, consisting of public health specialists and clinicians, should be sent to Maharashtra in view of high case load and deaths, and to Punjab and Chhattisgarh because of the disproportionate number of deaths being reported there.

During the meeting, a detailed presentation was made highlighting alarming rate of growth of Covid-19 cases and deaths in the country with 10 states contributing to more than 91 per cent of cases and deaths. It was noted that the situation in Maharashtra, Punjab and Chhattisgarh is of serious concern.

### Food and nutrition

Ripe or unripe: Which banana should you eat and when? (The Indian Express: 20210405)

 $\frac{https://indianexpress.com/article/lifestyle/health/banana-type-eat-time-dixa-bhavsar-7254008/$ 

Bananas are extremely healthy and are a great way to satiate those unwanted hunger pangs

bananas benefits, banana relation digestion, how to aid digestion, best food for digestion, benefits of bananas, health, gut health, indian express newsBananas contain healing phytochemicals such as potassium.(Photo: Pixabay)

Bananas are one of the best foods to have to not only satiate hunger pangs but also for an instant boost of energy. But did you know which type of banana should you have and at what time?

If ayurvedic practitioner Dr Dixa Bhavsar is to go by, it is always good to be aware of the type of banana you are having and the best time to consume the same.

As a general rule, bananas should be eaten alone and not with any other fruit or meals, or milk.

Ripe or unripe: Which banana should you eat and when?

Bananas are extremely healthy and are a great way to satiate those unwanted hunger pangs

bananas benefits, banana relation digestion, how to aid digestion, best food for digestion, benefits of bananas, health, gut health, indian express newsBananas contain healing phytochemicals such as potassium.(Photo: Pixabay)

Bananas are one of the best foods to have to not only satiate hunger pangs but also for an instant boost of energy. But did you know which type of banana should you have and at what time?

If ayurvedic practitioner Dr Dixa Bhavsar is to go by, it is always good to be aware of the type of banana you are having and the best time to consume the same.

As a general rule, bananas should be eaten alone and not with any other fruit or meals, or milk.

### **Coronavirus Infection (Hindustan: 20210405)**

https://epaper.livehindustan.com/imageview\_744897\_86745208\_4\_1\_05-04-2021\_0\_i\_1\_sf.html

सारे रिकॉर्ड ध्वस्त, इससे पहले १७ सितंबर को देश में ९७८९४ संक्रमित मिले थे

# चिंताजनकः पहली बार एक लाख कोरोना मरीज मिले

नई दिल्ली विशेष संवाददाता

देश में रविवार को कोरोना संक्रमण के सारे रिकॉर्ड ध्वस्त हो गए। पहली बार एक दिन में एक लाख से ज्यादा नए मरीज मिले। महामारी की शुरुआत से लेकर अब तक एक दिन में मिले कुल संक्रमितों की यह सर्वाधिक संख्या है। इससे पहले पिछले साल 17 सितंबर को देश में 97894 कोरोना मरीज मिले थे जो सर्वाधिक थे।

वर्ल्डोंमीटर के मुताबिक, रविवार रात 12 बजे तक एक लाख तीन हजार 764 नए मामले सामने आ चुके थे और इसमें बढ़ोतरी जारी थी। महाराष्ट्र में 57,074 नए मामले सामने आए, जो किसी एक दिन में राज्य में सर्वाधिक संख्या है। वहीं, 222 और मरीजों की महमारी से मौत हो गई। राज्य के स्वास्थ्य विभाग ने एक बयान में यह जानकारी दी। दिल्ली, कर्नाटक, यूपी, समेत 10 राज्यों में संक्रमण तेजी से बढ़ रहा है।

प्रधानमंत्री मोदी ने हालात का जायजा लिया: इससे पहले प्रधानमंत्री नरेंद्र मोदी ने आला अफसरों के साथ बैठक की और संक्रमण थामने को पांच सूत्रीय रणनीति पर जोर दिया। इनमें ज्यादा से ज्यादा लोगों की जांच, संक्रमितों के संपर्क में आए लोगों की तलाश, सही उपचार, कोरोना अनुकूल व्यवहार व टीकाकरण शामिल है।



महाराष्ट्र में नागपुर के जीएमसी कोविड अस्पताल में बिस्तरों की कमी के कारण एक बेड पर दो मरीजों को रखना पड़ रहा। • एएनआई

### महाराष्ट्र में हर सप्ताहांत लॉकडाउन का ऐलान

 महाराष्ट्र में हर शुक्रवार शाम आठ बजे से सोमवार सुबह 7 बजे तक लॉकडाउन, बार-रेस्तरां,मॉल बंद

 हरियाणा में घर के अंदर होने वाले कार्यक्रमों में 200 लोगों को अनुमति
रफ्तार तेज पेज 13 दिल्ली-मुंबई में बेकाबू संक्रमण 4000 मरीज दिल्ली में रविवार को

4000 मिले, 21 संक्रमितों की मौत

**57,074** केस महाराष्ट्र में मिले, मुंबई में 11163 केस

### 10 राज्यों में मामले बढ़े

इस मौके पर प्रधानमंत्री को एक विस्तृत प्रस्तुतीकरण दिया गया जिसमें बताया कि 10 राज्यों में पिछले 14 दिनों के दौरान किस प्रकार तेजी से कोरोना संक्रमण बढ़ रहा है। इन राज्यों में कोरोना के 91 फीसदी मौतें एवं संक्रमण पाए गए हैं।

इलाज सुनिश्चित करें:प्रधानमंत्री ने कोरोना से होने वाली मौतों को रोकने के लिए स्वास्थ्य तंत्र को सिक्रय करने को कहा ताकि ऑक्सीजन, वेंटीलेटर और अन्य जरूरी सुविधाएं उपलब्ध हो सकें। सभी अस्पताल क्लिनिकल मैनेजमेंट प्रोटोकाल को लागू करें। इसके साथ ही बिस्तरों की उपलब्धता, जांच एवं समय पर अस्पताल में भर्ती किया जाना भी सुनिश्चित किया जाए।

विशेषज्ञों की विशेष टीम भेजी जाएंगी: प्रधानमंत्री ने महाराष्ट्र, पंजाब और छत्तीसगढ़ में कोरोना के ज्यादा मामलों एवं मौतों के मद्देनजर जन स्वास्थ्य विशेषज्ञों की टीमें भेजने को कहा। उन्होंने कहा कि रोकथाम के उपायों का प्रभावी पालन किया जाए। इसमें सामुदायिक स्वयंसेवकों की मदद

से सक्रिय मामलों का पता लगाया जाए। उन्होंने राज्यों से कहा कि वह जिन स्थानों पर मामले बहुत ज्यादा बढ़ रहे हैं, वे रोकथाम के लिए आवश्यक सख्त कदम उठाएं। प्रधानमंत्री ने 6-14 अप्रैल के बीच एक विशेष जागरुकता अभियान चलाने का निर्णय लिया गया जिसमें लोगों को कोरोना अनुकूल व्यवहार अपनाने पर जोर दिया जाएगा।

### **Infection (Hindustan: 20210405)**

https://epaper.livehindustan.com/imageview\_744899\_86738468\_4\_1 05-04-2021 2 i 1 sf.html

• राजधानी में 13 हजार से अधिक हुई सक्रिय मरीजों की संख्या • चार दिनों में 54 लोगों ने कोरोना के कारण दम तोड़ा

### चिंताजनक

### नई दिल्ली विरिष्ट संवाददाता

दिल्ली में कोरोना संक्रमण की स्थिति बिगइती जा रही है। नए संक्रमितों की संख्या बढ़ने के साथ कोरोना से मौत के आंकड़ों में भी उछाल आ रहा है। रविवार को जारी रिपोर्ट के अनुसार बीते 24 घंटे में कोरोना के कारण 21 लोगों की मौत

यह इस साल में अभी तक एक दिन में सबसे अधिक लोगों की मौत का आंकडा है। इससे पहले 30 दिसंबर 2020 को एक दिन में 21 लोगों ने कोरोना से जान गंवाई थी। वहीं, बीते चार दिनों में दिल्ली में कोरोना संक्रमण से 54 लोगों की मौत हो चुकी है।

दिल्ली के स्वास्थ्य विभाग के अनुसार रविवार को दिल्ली में 4033 नए मरीज सामने आए। वहीं 2677 लोगों को छुट्टी दी गई, जबकि 21 मरीजों ने कोरोना के कारण दम तोड़ दिया है। दिल्ली में अभी तक 6,76,414 लोग कौरोना से संक्रमित हो चुके हैं।

इनमें से 6,51,351 लोग ठीक हो गए, जबिक 11,081 लोगों ने कोरोना के कारण दम तोड़ दिया। दिल्ली में दिसंबर 2020 को एक दिन में 21 मौत हुई थी दिल्ली में कोरोना के कारण इससे पूर्व

11081 लोगों की मीत हो चुकी है अब तक कोरोना के चलते

कोरोना से मृत्युदर बढ़कर 1.64 फीसदी हो गई है। दिल्ली के स्वास्थ्य विभाग के अनुसार दिल्ली में कोरोना के सक्रिय मरीज बढ़कर 13.982 हो गए हैं। इनमें से दिल्ली के विभिन्न अस्पतालों में 2727 मरीज भर्ती हैं। वहीं कोविड केयरसेंटर में 32 औरकोविड मेडिकल सेंटर में 46 मरीज भर्ती हैं।

होम आइसोलेशन में भर्ती मरीजों की संख्या बढ़कर 7144 हो गई है। वहीं वंदेभारत मिशन के तहत आए पांच मरीज आइसोलेशन में हैं। दिल्ली में शनिवार को कोरोना की जांच के लिए 86899 टेस्ट हुए जिसमें 4.64 फीसदी मरीज कोरोना संक्रमित पाए गए। इन जांच के लिए आरटीपीसीआर 54.472 और रैपिड एंटीजन से 32,427 टेस्ट हुए।

दिल्ली में अभी तक 14907756 टेस्ट हो चुके हैं। वहीं दिल्ली में तेजी से बढते मामलों के साथ हॉटस्पॉट की संख्या बढ़कर 2917 हो गई है।

नए मामले बढ रहे

### दिल्ली में कोरोना के मामलों का ग्राफ भी लगातार बढ़ रहा है। अप्रैल

माह में 2790 से शुरू होकर पहले चार दिनों में यह संख्या 4033 मामले प्रतिदिन तक पहुंच चुकी है। विशेषज्ञों का कहना है कि आने वाले दिनों में मामलों भी तेजी से उछाल देखने को मिल सकता है।



### माइक्रो कंटेनमेंट जोन दिल्ली में रोजाना औसतन 150 से अधिक कंटेनमेंट जोन बनाए जा रहे

हैं। अभी माइक्रो कंटेनमेंट जोन बनाए जा रहे हैं, जिनमें सिर्फ उस मकान या संस्थान को सील करते हैं जहां दो

### 2338 2618 1 अप्रैल 2 अप्रैल 3 अप्रैल 4 अप्रैल संक्रमण दर भी तेज हुई

### दिल्ली में अप्रैल महीने में कोरोना के मामलों की संक्रमण दर तेजी से बढ़ रही है। 31 मार्च को संक्रमण दर 2.71 थी, जो 4 अप्रैल को 4.64

फीसदी तक पहुंच गई है। 4.64 4.48 4.11

### सरकार के पांच कदम

### वलस्टर सर्विलांस बढाया कोरोना मामलों की मैपिंग के जरिए दिल्ली

सरकार ने क्लस्ट सर्विलांस बढ़ा दिया है, जिससे एक ही स्थान पर कोरोना संक्रमण के है। ताकि दूसरे राज्यों से अधिक मामलों पर तेजी आने वाले कोरोना संक्रमित से काबू पाया जा व्यक्ति को बाहर ही रोका जा सके।

#### बाहर से आने वालो की रेंडम जांच दिल्ली के सभी बस अहाँ, रेलवे स्टेशनों और सभी यात्रियों की रैंडम कोरोना जांच की जा रही

3 टीकाकरण को बढ़ाया सरकार ने टीकाकरण को बढा दिया है। अप्रैल से पहले रोजाना औसतन 30 हजार लोगों को कोरोना का टीका लगाया जा रहा था. अप्रैल में प्रतिदिन ५० हजार को टीका लग रहा है।

### कंटेनमेंट जोन

कोरोना के मामलों को फैलने से रोकने के लिए सरकार औसतन प्रतिदिन 150 से अधिक कंटेनमेंट वायरस से संक्रमित मरीजों को एक ही स्थान पर रखा जा सके और संक्रमण को दूसरे स्थानों पर फैलने से रोका जा सके।

### कोविड चालान

कीविड चालाज दिल्ली सरकार ने 25 मार्च से कोरोना नियमों की अनदेखी करने वालों के खिलाफ तेजी से अभियान चलाया हुआ है। इसमें 25 मार्च से 31 मार्च तक लगभग साढे तीन करोड़ रुपये के चालान किए गए हैं। इस कार्रवाई का मकसद लोगों को जागरूक करना है।

खतरनाक हो रहा संक्रमण : बीते चार दिनों में कोरोना की फैलने की संक्रमण दर 3.57 से बढ़कर 4.64 तक पहुंच गई है। वहीं, सक्रिय मामलों की संख्या में भी बढ़ोतरी हुई है। एक अप्रैल को राजधानी में कोरोना के 10498 सक्रिय मरीज थे। जो चार अप्रैल को बढ़कर 13982 हो गए हैं। दिल्ली

सरकार की ओर से कोरोना के बढ़ते मामलों को लेकर मैपिंग के साथ-साथ ट्रैंकिंग और टेस्टिंग बढ़ाने के निर्देश सभी जिला अधिकारियों को दे दिए गए हैं। दिल्ली में कोरोना के नियमों की अनदेखी पर सरकार की ओर से चालान भी काटे जा रहे हैं। बावजूद इसके कोरोना के मामले लगातार बढ़ रहे हैं।

Plasma Therapy (Hindustan: 20210405)

### असर

# कोरोना के मरीज बढ़ने से प्लाज्मा की मांग बढ़ी

राजधानी में कोरोना के मामले बढ़ने पर अस्पतालों में मरीजों के लिए प्लाज्मा की मांग भी बढ़ गई है। नियमों के अनुसार प्लाज्मा बैंकों से तभी प्लाज्मा लिया जा सकता है जब किसी डोनर को बदले में प्लाज्मा दान करने लाएं जो पहले संक्रमण से ठीक हो चुका है। ऐसे में लोगों को प्लाज्मा के लिए भटकना पड़ रहा है। **हेमवती नंदन राजौरा** की रिपोर्ट...



75 इकाई प्लाज्मा लोकनायक के ब्लड बैंक में उपलब्ध है

02 हजार इकाई प्लाज्मा उपलब्ध है आईएलबीएस के प्लाज्मा बैंक में

**1** गुना तक प्लाज्मा की मांग बढ़ गई है लोकनायक में

# यहां ये हाल

# रोज औसतन चार लोग अस्पताल पहुंच रहे

लोकनायक अस्पताल के चिकित्सा अधीक्षक डॉक्टर सुरेश कुमार ने बताया कि एक माह पहले तक औसतन रोज एक व्यक्ति के लिए प्लाज्मा की मांग उनके ब्लड बैंक को मिल रही थी। लेकिन, अब रोजाना औसतन चार लोग प्लाज्मा लेने आ रहे हैं। उन्होंने कहा कि अस्पताल के ब्लड बैंक में अभी 75 इकाई प्लाज्मा

# आईएलबीएस में 10 गुना मांग बढ़ी

आईएलबीएस अस्पताल में देश का सबसे पहला और बड़ा प्लाज्मा बैंक उपलब्ध है। आईएलबीएस के निदेशक डॉक्टर एस के सरीन ने बताया कि कोरोना के मामले बढ़ने पर प्लाज्मा की मांग 10 गुना तक बढ़ गई है। उन्होंने कहा कि पहले हर दिन औसतन एक व्यक्ति प्लाज्मा लेने के लिए आईएलबीएस आ रहा था।