

THE NATIONAL INSTITUTE OF HEALTH AND FAMILY WELFARE

Diploma in Health Promotion

(Batch 2016 – 17)

Final Examination: 21st August 2017

Paper I

Attempt all Questions

**Time: Three Hours
Maximum Marks = 100**

1. RKSK has been launched by Govt. of India. What are objectives and strategies of this program? Write an implementation plan for health promotion activities required for adolescent health.

OR

What is the difference between health education and health promotion? Discuss the health promotion measures considering the examples of National AIDS Control Programme.

(30 marks)

2. Write short notes on **any seven** of the following: (10X7=70 marks)

- i. Healthy life style through health food choices
- ii. Workplace health promotion
- iii. Tobacco control measures by the government
- iv. Risk factors for non-communicable diseases
- v. Monitoring indicators for health promotion activities
- vi. Social Stigma and mental disorders
- vii. Health Seeking Behavior
- viii. Integrated Child Development Scheme
- ix. Prevention and control of obesity in school children.

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Paper II

Attempt all Questions

**Time: Three Hours
Maximum Marks = 100**

1. Describe the basic elements of communication. What are the barriers to effective communication?

OR

Describe how capacity building will help in Health Promotion.

(30 marks)

2. Write short notes on **any seven** of the following: (10X7=70 marks)

1. Role of IEC in Non-communicable Diseases
2. Criteria for an effective counseling session
3. Role of Public, private Partnership (PPP) in Health Promotion
4. Health Promotion activities in combating declining sex ratio
5. Role advocacy in Health Promotion
6. Qualities of a good poster for IEC programme
7. Health Promotion for prevention of nutritional anemia in adolescents
8. Messages for preventing Road Traffic Accidents
9. Role of AYUSH in Health Promotion
10. Disaster preparedness of community